

# The Lawrence Ledger

October 4, 2019

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## Principal's Message



### Fall Family Fun Nights

A Free & Fun Program for any family in Sussex County sponsored by the Center for Prevention and Counseling. Fall Sessions begin October 1, 2019 in Vernon at the Glen Meadow Middle School from 5:30-7:30 pm.

Fun group activities for parents, children (5-11 years old) & teens (12-17 years old). Activities include constructing, building, and interactive play with balloons, marshmallows, bubbles, clay, eggs, and much more.

Space will be limited...Contact Natalie at 973-383-4787

## CAUTION

### Drop Off & Pick Up

Please exercise caution when dropping off your children and do not pass other vehicles. If you perceive that you may need "extra" time for drop off, please park your vehicle in the parking lot and walk your child to the front door.

For pick up, parents and guardians should park and walk to the door nearest the fence.



## Week of Respect Activities

October 7th-11th

**Monday, October 7th:** "Blue Shirt Day-Stomp Out Bullying"

"Don't judge a person without a full understanding of the situation. Just because you don't agree doesn't mean you are right."

**Tuesday, October 8th:** "Everyone Counts Day" **Wear clothing with numbers on it.**

To promote random acts of kindness: We can smile at someone, give a compliment, or visit a friend.

**Wednesday, October 9th:** "School is a Safe Place to be" : **Wear mismatched clothing.**

Talk with students about being yourself! It is ok to be different. Each person is unique and special.

**Thursday, October 10th:** "Stand Up Against Bullying" **United we stand, have everyone wear red, white and blue.**

Bullying is a serious problem. Discuss what it takes to be an upstander.

**Friday, October 11th:** "Hero Day" **Dress up as superheroes, or camo.**



*Please see below some information from the NJ Department of Health that you may find meaningful regarding E-Cigarettes/Vaping.*

The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people **not use e-cigarettes.**"

"E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhale this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes.



10/8/19-CEL Family Math Night @6:30 pm
10/14/19-School Closed (Columbus Day)
10/21/19-SEPAG Meeting CEL @ 7:00 pm -School Violence Awareness Week.
10/23/19-PTO Trunk or Treat CEL
10/24/19-PTO Trunk or Treat CEL (Rain Date)
10/28/19-Red Ribbon Week
10/30/19-BOE Meeting SMS @ 7:00 pm
10/31/19-Halloween
11/4/19- SWPTO Meeting SMS @ 7:00
11/5/19-Election Day
11/6/19-End of Marking Period 1
11/7-8/19-School Closed Teacher Convention
11/11/19-Veteran's Day
11/12/19-CEL Family Reading Night Multi Purpose Rm @ 6:30 pm
11/13/19-Report Cards
11/15/19-PTO Yankee Candle Fundraiser Pick Up-CEL 3:30-7:30pm
11/16/19-PTO Yankee Candle Fundraiser Pick Up-CEL 9:00-12:00pm
11/22/19-11/27/19-Early Dismissals
11/28/19-11/29/19-School Closed (Thanksgiving)

They are sometimes called “e-cigs,” “e-hookahs,” “mods,” “vape pens,” “vapes,” “tank systems,” and “electronic nicotine delivery systems.” Using an e-cigarette is sometimes called “vaping” or “JUULing.”

Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items.

Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains.

E-cigarettes can potentially also be used to deliver other drugs.

Judith Persichilli, Acting Commissioner, NJ Dept. of Health and chair of the Governor’s Electronic Smoking Device Task Force further stated, ‘I am very concerned about the health dangers posed by vaping and the increasing incidence of severe respiratory illnesses that have hospitalized our youth.

(Continued from page one “NJ Health)

Equally alarming is that flavored vaping oils are marketed with names like cotton candy, strawberry cheesecake and razzleberry that are attractive to children despite the fact that such sales are illegal in this state.’

At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a [statewide health alert](#) to health care providers and local health departments following recent reports of severe lung disease in people who have used vaping products.

No single product has been implicated. Patients have reported high variability in substances/products they used in vaping, including both tobacco and tetrahydrocannabinol (THC) containing products as well as other products.”

More information can be found at:

<https://www.nj.gov/health/fhs/tobacco/vaping/>

**NOTICE OF DISCLAIMER**-Information in The Lawrence Ledger may come directly from the sponsors of the events. Lawrence Elementary School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.