

The Lawrence Ledger

October 18, 2019

Please visit us on facebook @
<https://www.facebook.com/swregional/>



Super fundraiser planned at **Wantage School** for Saturday, October 26th from 9:00-2:00 pm!

Drive 4 UR School is sponsored by Neilson Ford, Ford Motor Company and Wantage School. Stop by with your valid driver's license and insurance card and simply drive a new Ford up the road and back and \$20 will be donated to WES. No strings, gimmicks or purchase needed. While at the Drive 4 UR School event, visit the Optical Center for new glasses, pumpkin painting for the kids, family photo booth and much, much more! This fundraiser benefits the Wantage School Student Activity Fund and is held rain or shine.

Pre-register here:

<https://d4ur.com/#/pre/BWJP6>

Flyer here:

<https://www.swregional.org/cms/lib/NJ02210815/Centricity/Domain/8/SW%20Drive%204%20u%20Flyer.pdf>

PEACE WEEK
(October 21st-25th)



Monday: Peace Pledge

I promise:

To respect myself and all people, To respect my school and property that does not belong to me, To take responsibility for my own behavior,

To work out disagreements in a peaceful manner.

To help keep our school a peaceful place where everyone is accepted!

Tuesday:

"For every minute you are angry, you lose 60 seconds of happiness."

"Don't let the anger heat you up."

Instead:

- Count to 10
- Take a deep breath
- Squeeze a stress ball
- Go to a safe place and rest
- Write or draw about what is bothering you.

Wednesday:

"Love is the only force capable of transforming an enemy into a friend."

Dr. Martin Luther King, Jr.

Try to get to know a new friend today. Invite someone new to play with you during recess.

Thursday:

"Before you say something, think how you would feel if someone said it to you."

Remember that mean words can really hurt, and we can't totally erase the hurt they can cause. But always try to say that you are sorry.

Friday:

"Peace begins with a smile." Mother Teresa
Offer a smile to someone new, and try to give a compliment or words of encouragement to someone!



*Violence In The Media:
Tips For Parents*

by:

Robin Sobiech, School Counselor

Young children should be shielded from violence in the media. This can include television, movies, video games, and computer activities. The availability of video, film, satellite, and cable TV allows access to violent media that is potentially damaging to young children.

Exposure to violent media may increase aggressive or fearful behaviors in children. Exposure to violent media may also decrease a child's sensitivity toward victims, and interfere with the development of positive values.

What can parents do to protect their children from this negative exposure?



10/21/19-SEPAG Meeting CEL @ 7:00 pm -School Violence Awareness Week.
10/23/19-PTO Trunk or Treat CEL
10/24/19-PTO Trunk or Treat CEL (Rain Date)
10/28/19-Red Ribbon Week
10/30/19-BOE Meeting SMS @ 7:00 pm
10/31/19-Halloween
11/4/19- SWPTO Meeting SMS @ 7:00
11/5/19-Election Day
11/6/19-End of Marking Period 1
11/7-8/19-School Closed Teacher Convention
11/11/19-Veteran's Day
11/12/19-CEL Family Reading Night Multi Purpose Rm @ 6:30 pm
11/13/19-Report Cards
11/15/19-PTO Yankee Candle Fundraiser Pick Up-CEL 3:30-7:30pm
11/16/19-PTO Yankee Candle Fundraiser Pick Up-CEL 9:00-12:00pm
11/22/19-11/27/19-Early Dismissals
11/28/19-11/29/19-School Closed (Thanksgiving)

-Set a positive example and use good judgment in the selection of television and movies. Consider your child's age and developmental stage. Decide together what will be viewed and conduct a discussion. You, as the parent, must have the final say in the decision.

-Watch television with your children. Explain conflict situations and encourage discussion. Explain that what is depicted on TV is done by actors, in real life, these situations cause people to feel real pain. Reinforce that violence is never a solution to a problem.

-Take charge and turn off media that does not support your family values. Consider using a Parent Control Device to block out programming that is not appropriate. Movies that are rated PG 13, R, and MA are not appropriate for young children.
-Turn off the TV during meals.

-Avoid putting a TV in your child's room. It is very difficult to monitor this situation. Keep your computer in a central location.

-Be aware that your child may be exposed to inappropriate media, when visiting a friend's home. Talk to parents to express your expectations for the visit. Don't assume that all parents have the same values that you do regarding violence in the media.

**adapted from the National Association of School Psychologists and The American Academy of Pediatrics*



Drop Off & Pick Up

Please exercise caution when dropping off your children and do not pass other vehicles. If you perceive that you may need "extra" time for drop off, please park your vehicle in the parking lot and walk your child to the front door.

For pick up, parents and guardians should park and walk to the door nearest the fence.

NOTICE OF DISCLAIMER-Information in The Lawrence Ledger may come directly from the sponsors of the events. Lawrence Elementary School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.